



You Are Not Alone

Supportive, compassionate mental health care for a brighter tomorrow.



Our Mission

At Harmony Neuro Behavioral Care, our mission is to provide compassionate, evidence-based mental health care that empowers individuals to lead healthier, happier and more fulfilling lives.



Our Goal

Our goal is to make meaningful and lasting improvements in the lives of those we serve, promoting mental wellness and resilience for individuals, families, and our community.

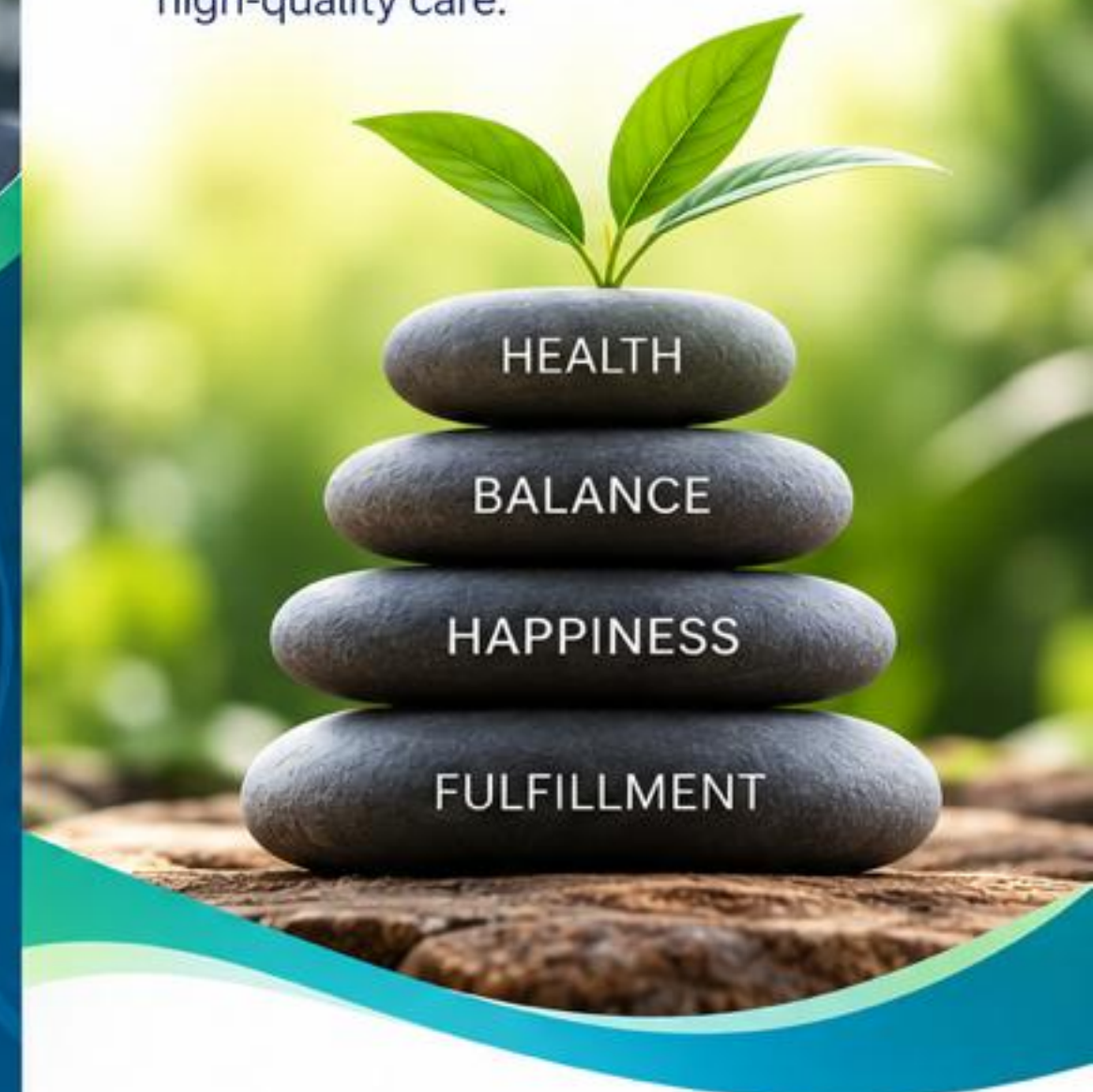


Better Mental Health.
Brighter Tomorrows.



Our Vision

Our vision at Harmony Neuro Behavioral Care is a world where mental health is embraced, and every individual has the opportunity to experience well-being and fulfillment through accessible, high-quality care.



Our Services

Compassionate, evidence-based mental health care for a healthier, brighter you.



Psychiatric Evaluations

Comprehensive assessments to understand your unique needs and develop personalized treatment plans.



Medication Management

Safe and effective medication support tailored to your goals and lifestyle.



Psychotherapy

Individualized therapy to help you build coping skills, improve well-being, and achieve lasting positive change.



Depression Treatment

Evidence-based care to manage and overcome depression.



Treatment-Resistant Depression

Specialized approaches for depression that hasn't responded to standard antidepressants.



Spravato® Treatment

FDA-approved treatment for treatment-resistant depression (TRD).



ADHD Testing

Comprehensive ADHD evaluations for children, teens, and adults.



Group Home & Nursing Home Visits

On-site psychiatric care and medication management for group homes and nursing homes.



Assisted Living & Rehabilitation Visits

Mental health support for assisted living facilities and rehabilitation centers.

In-Person or Online Care



In-Person Care

Visit us in Grand Prairie, Texas.



Telehealth

Secure online appointments across Texas.



Meet Our Provider Dr. Yaa Brago, DNP

Psychiatric Mental Health
Nurse Practitioner

Dr. Yaa Brago is a dedicated psychiatric mental health nurse practitioner with a passion for providing individualized, compassionate care. She believes in meeting each patient where they are and creating personalized treatment plans that support long-term mental wellness.

Your Mental Health Matters. 



HARMONY NEURO BEHAVIORAL CARE

HEALTHIER MINDS. BRIGHTER LIVES.

Take the Next Step

Request an Appointment

We make it easy to get started. Contact us today to schedule an appointment or learn more about our services.



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